

Practicing the Way for Individuals

Morning Prayer: *Jesus, help me walk in your way, today.*

Evening Reflection:

- *Where did I see someone walk like Jesus today?*
- *Did I do all the good I could today?*
- *Did I do no harm?*

Practicing the Way for Families

At dinner, in the car, or at bedtime:

- *Where did I see someone do what Jesus would do today?*
- *Did someone in my family do what Jesus would do today?*

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