

Equipped...

Growing Up
Together in Christ

Practicing the Way
for Individuals
Grace Given. Gifts Shared.

August 9

Scripture: Ephesians 4:7, 11-13

"But each of us was given grace according to the measure of Christ's gift." - Ephesians 4:7

Last week we celebrated what we all share as the Body of Christ - one Lord, one faith, one baptism, one hope.

This week Paul reminds us that while we share one faith, we are **not all the same**.

Christ has given each of us unique gifts - not so we can feel important, but so that together we can become the Church God has called us to be. Every gift matters. Every person matters. When each of us offers what God has given, the whole Body grows stronger.

This Week's Practice: Pay Attention

Before you can discover your gifts, you first have to begin noticing how God has already been at work in your life.

Set aside ten minutes this week and prayerfully reflect on these questions:

- What activities give me life and energy?
- When have I sensed God using me to bless someone else?
- What do others consistently thank or encourage me for?
- Where do I feel myself drawn when I see a need?
- What breaks my heart? What fills me with hope?

Don't worry about finding the "right answer." Simply notice.

Ask God to help you become more aware of the ways He has already been shaping you.

Equipped...

Growing Up Together in
Christ, August 2026

Practicing the Way
for Families and Households
Grace Given. Gifts Shared.

August 9

Talk together about these questions:

- What is one thing you enjoy doing that also helps other people?
- What is one gift you see in another member of your family?
- How can we encourage one another to use our gifts this week?

Close by thanking God for making each person different and asking Him to help your family use those differences to love Him and love others.